

# IMMUNOLOGICAL TECHNIQUES <sup>①</sup> For PG Sem II

## ENZYME - LINKED IMMUNOSORBENT ASSAY (ELISA)

Antigen Antibody reactions recently have assumed immense medical importance in terms of immunodiagnosis for various human diseases.

Enzyme linked immunosorbent assay provide confirmatory tests for HIV strains of AIDS (Acquired Immune Deficiency Syndrome).

ELISA involves antibody (Ab) + antigen (Ag) + bound antigen (Ag) forming bound AbAg + Ab Ag group. The mixture of antibody, antigen and labelled antigen is allowed to reach equilibrium to give both free and bound antigens. As the quantity of antibody and labelled antigen is constant, the amount of label bound antigen is dependent upon the amount of unlabelled antigens.

**ELISA TECHNIQUE** - It depends on an immunosorbent or an enzyme absorbing substance specific for one of the constituents of reaction to induce separation of the free and bound antigens.

ELISA is a specific test for identifying HIV causing AIDS disease. The second antibody is linked to solid phase plastic tube. An enzyme joined to antibody reacts with colourless substrate to produce coloured product. The favourite enzymes consists of  $\beta$  galactosidase, alkaline phosphatase and horse radish Peroxidase. There are three types of ELISA

- (i) Indirect ELISA
- (ii) Sandwich ELISA
- (iii) Competitive ELISA

(1) Indirect ELISA - The indirect Enzyme linked immunosorbent assay is the simplest method used to determine quantitatively the antibody of surface antigens, receptors and tumor markers.

The method is effectively used for specific antibodies of unknown antiserum. The antigen is poured in the wells of polystyrene tube where the antibody binds to the inner wall of tube covalently. The excess of unbound and free antigen is washed off.

The polystyrene tube or microtitre wells are incubated at  $4^{\circ}\text{C}$  in BOD incubator for 4 hrs in humid environment with an albumin solution to block rest of the non specific binding sites.

Then the test specific antiserum is added to the tube having bound antigen. The serum antibodies bind to bound antigen to the tube or well. The wells are washed with PBS-Tween solution and then inverted it is washed again and incubated again.

The enzyme generally used is Horseradish Peroxidase conjugated by glutaraldehyde or conjugation of peroxidase to Fab-hinge region mediated by diethylamines. This enzyme labelled anti-immunoglobulin is added to polystyrene tube or microtitre well which has already antibody bound to antigen. The enzyme labelled antibody then binds to the specific antibody bound to antigen on solid phase. The unbound enzyme labelled antibody is washed off by PBS Tween solution after that 200  $\mu\text{l}$  of substrate is added (consisting 100  $\mu\text{l}$  of mixture of 68 mg of O-phenylenediamine and 100  $\mu\text{l}$  of hydrogen peroxide ( $\text{H}_2\text{O}_2$ ) and 200  $\mu\text{l}$  of citrate buffer of pH 5.0. after this stage the ELISA plate is kept in dark room for about 30 minutes as soon as the colour develops. The reaction is stopped by addition of 50  $\mu\text{l}$  of sulphuric acid. The absorbance (at 492 nm) may be read on

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Specialized Spectrophotometer plate readers.  
The data is recorded.

The indirect ELISA test is a favourite technique to determine the serum antibodies generated against human immunodeficiency virus causing AIDS. The gp 120 and core proteins of HIV are absorbed as antigens in the interior walls of microtitre wells or polystyrene tubes. The antiserum is detected by indirect ELISA within 6 weeks of infection.

II SANDWICH ELISA - The Sandwich ELISA is commonly used to detect antigen bearing pathogens of Virus, Bacteria and Parasites. It is used to detect and quantify the specific antigens. Instead of antigens first specific antibody is used to coat the microtitre plate or ELISA plate. The specific antibodies are raised and collected, the antigen solution is added to the microtitre well. The antigens binds with antibodies, the unbound antigens are washed in PBS-Tween solution. The enzyme labelled secondary specific antibodies are added to the microtitre wells. The secondary antibodies that bind with antigens, as well as primary antibodies bond to antigens form sandwich ELISA. The labeling of enzyme Horseradish Peroxidase to specific antibody is mediated by glutaraldehyde. Then substrate is added consisting of phenylened amino H<sub>2</sub>O<sub>2</sub> and citrate buffer at pH 5.0. The wells are incubated at 4°C to develop colour. The microtitre plate is subjected to specialized spectrophotometer plate readers for measuring colour absorption of antigen and quantification.

180 Competitive ELISA - The competitive ELISA is used to detect and quantify the antigens. The antigens are added first to each microtitre wells, the wells are washed to removed unbound antigens and then a mixture of soluble antigen and specific small amount of primary antibodies is added to antigen coated wells.

The primary antibodies and specific secondary antibodies compete for binding with antigen coated sites. The enzyme Horse Radish Peroxidase is added with secondary antibodies which gets conjugated with Glutaraldehyde. The wells are washed as in indirect ELISA. The substrate containing mixture of D-Phenylenediamine  $H_2O_2$  and citrate buffer at PH 5.0 is added and then the microtitre plate is incubated at  $40^\circ C$  for the development of colour. In competitive ELISA higher concentration of antigen at primary stage lowers the absorbance by spectrophotometer.

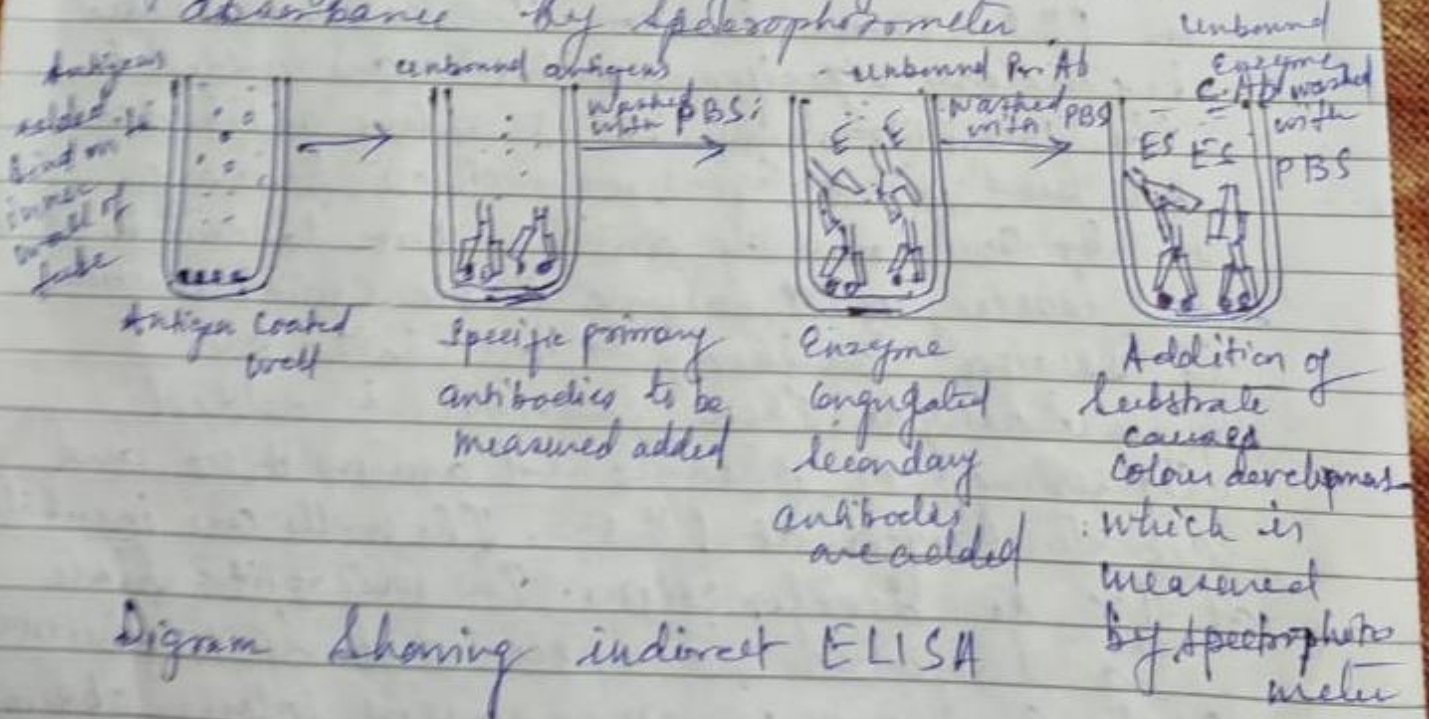


Diagram showing indirect ELISA

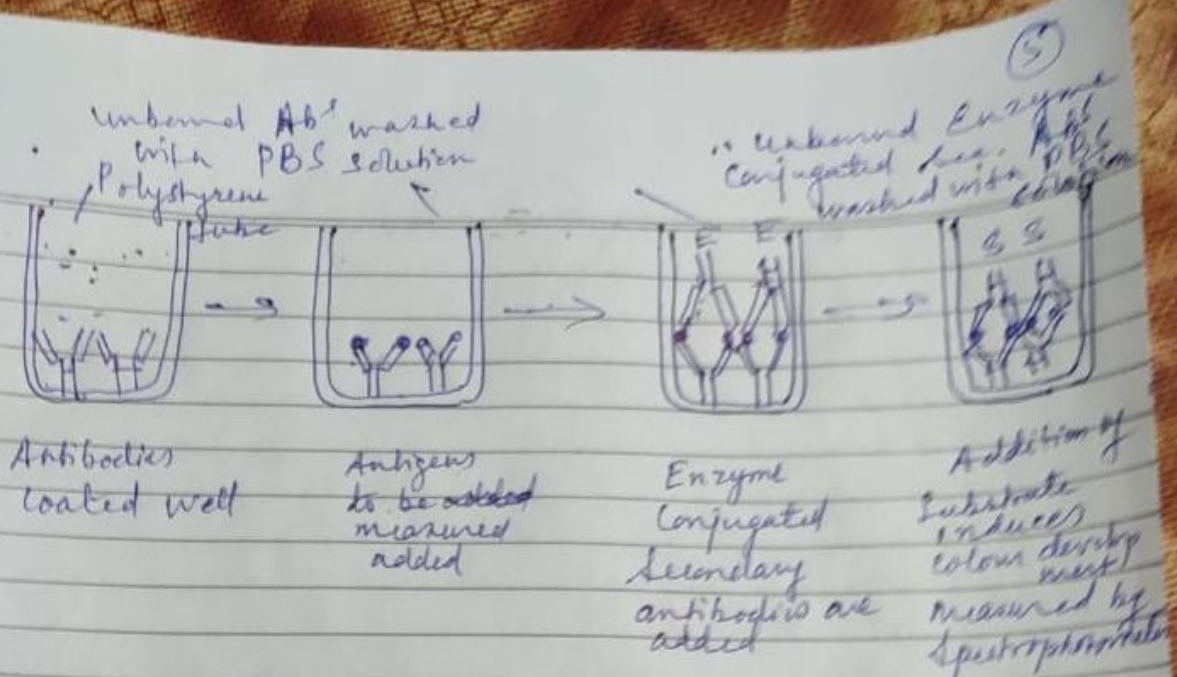
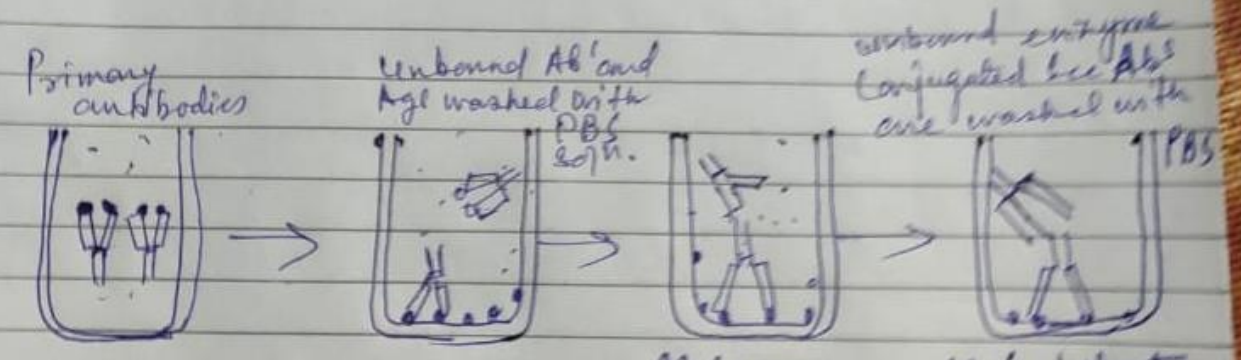


Diagram showing Sandwich ELISA



① Primary antibodies with antigens measured are incubated

Mixture of CA<sup>s</sup> - Ag<sup>s</sup> are added to the antigen coated well. The Pr. Ab<sup>s</sup> and specific secondary Ab<sup>s</sup> added compete for binding with antigen coated sites

② Enzyme conjugated sec. Ab<sup>s</sup> are added

③ Substrates added causes development of colour to be measured by spectrophotometer

Here - Ab<sup>s</sup> - Antibodies  
 Ag<sup>s</sup> - Antigens  
 PBS - Tween  
 PBS - solution. Coated sites

Diagram showing competitive ELISA